



Blind Side Pass Activity

Category: Tactical: Combination play
Difficulty: Moderate

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Description

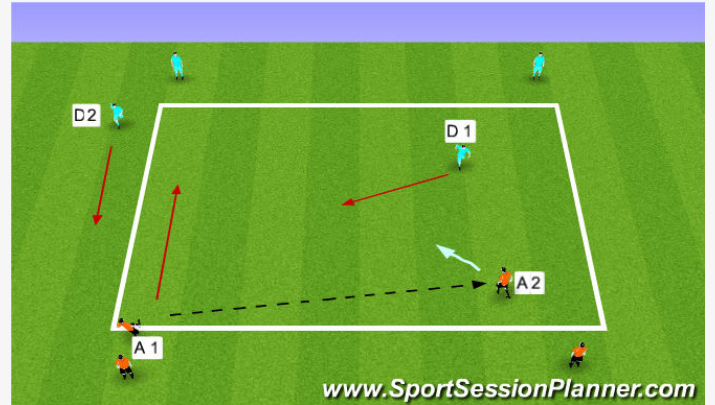
Purpose of activity is to demonstrate effective blind side passing techniques including communication and decision making.

BSP Start

2v1 setup in 20 x 20 grid

Activity starts when A1 passes to A2. D1 enters grid as lone defender, and moves to split attacking players. D2 jogs to opposite end of grid

A1 moves forward and calls for ball



BSP Finish

A2 calls for ball then changes direction behind D1

A1 decides between the following 2 actions

Fake pass to where A2 was on left and pass to right in front of A2 in order to beat D1

Fake pass to A2 and dribble past D1

Either is successful

Coaching Points:

- A2 timing and change of pace of run
- A1 ability to look 1 way and pass another

