



## 4v4 Game - Support from Behind

**Category:** Tactical: Positional understanding  
**Difficulty:** Moderate

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### Description

Develop players understanding of support for player on the ball, particularly from behind

### 4v4 Game - conditions (15 mins)

#### 4v4 Game with Conditions

Have the team play in a square 2-2 formation

Set the condition that the player on the ball must always have support from behind. Focus on the 2 defenders when their team has the ball. They should never be level when either is in possession. When a successful pass is made to a forward, 1 may support, 1 may overlap.

Players need to be aware of where all team mates are positioned.

